

# Mandala: World In Harmony

Crossroads Carnegie Art Center Welcomes  
Venerable Karma Namgyel Rinpoche  
Chenrezig Buddha of Compassion Sand Mandala

*Friday, July 17th through Sunday, July 26, 2015*

We are honored to welcome Venerable Karma Namgyel Rinpoche from Bhutan to offer rituals and ceremonies from the traditions of the Tibetan Buddhists. The Sand Mandala is one of the oldest sacred art traditions of the Tibetan Buddhism. Mandala is a Sanskrit word meaning World in Harmony. This Bhutanese Sand Mandala will be created by hand over about a week.

Crossroads Carnegie Art Center invites you to experience the ceremony and cultural traditions of Tibetan Buddhism through the construction and dismantling of a Sand Mandala, the form of this Sand Mandala the Chenrezig Buddha of Compassion.

During the week long events and construction of the Sand Mandala all are welcome to come view the construction and recite "Om Mani Padme Hung" a Chenrezig Prayer of Compassion which helps heal suffering and bestows love, compassion and generosity.

As soon as the Mandala is completed a deconstruction ceremony takes place and the Mandala is dismantled.

This dismantling demonstrates the principle of the impermanence of things.

We hope everyone will find time to view and share in this unique opportunity of experiencing the century's old Tibetan art forms and traditions.

You will have a wonderful chance to view and purchase high quality arts and crafts handpicked in Nepal, India and Bhutan.

## LIST OF EVENTS

All events listed are free and open to all with a suggested donation, your donations are an expression of gratitude for the Rinpoche, and help cover costs incurred to make this event possible. Although there are suggested offerings associated with these events, all are welcome and no one is turned away due to financial reasons.

After each event for people wishing to receive a blessing by Rinpoche, khatas, traditional white scarves will be provided for a small offering.

### Friday, July 17, 2015

#### Opening Tea Ceremony

*Time: 7:00 to 9:00pm* – Suggested donation \$20

The Tea Ceremony is to welcome Karma Rinpoche who has recently returned to the states from Bhutan. The tea ceremony brings auspiciousness to the upcoming events, purifications, removal of obstacles, and blessings for all who attend.

Following the ceremony, Rinpoche will be happy to answer any questions you might have.



### Saturday, July 18, 2015

*Time: 10:00am to 2:00pm* – Children's Story Time and Mandala Art for People of All Ages

*Time: 2:00 to 4:00pm* – Introduction to the Sand Mandala  
A short film will be available for viewing which describes the preparation of the Sand Mandala.

*Time: 7:00 to 9:00pm* – Karma Rinpoche will talk about the sacred art tradition of the Sand Mandala

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CROSSROADS CARNEGIE ART CENTER  
ART FOR EVERYONE

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*Crossroads is open Monday through Saturday 10:00am to 5:00pm*

## **Monday, July 20, 2015**

### **Day 1: Sand Mandala Construction**

*Time: 10:00am to 1:00pm* – Drawings of the Sand Mandala onto Board

Before laying down the sand on the Mandala Board, a map of the Mandala is drawn. The lines on the board are architecturally drawn. This is very exacting work that takes about three hours to complete.

*Time: 1:00pm* – Construction Ceremony

Once the map of the Mandala is finished, a consecration ceremony is completed to purify the space and cultivate blessings of the Buddhas.

*Time: 2:00pm* – Beginning of Laying Sand

After the consecration, laying of the sand begins and construction of the Sand Mandala commences.

*Time: 3:00pm* – Chokhor Duchon Celebration

Today is the day the Bhuddha first turned the Wheel of Dharma in Sarnath India. On this day the effects of positive or negative actions are multiplied ten million times.

*Time: 4:00pm* – Karma Rinpoche Birthday Celebration

Today is Karma Rinpoche's Birthday – We invite you to celebrate with a candle offering and a sweet treat.

## **Tuesday, July 21, 2015**

### **Day 2: Sand Mandala Construction**

*Time: 10:00am to 5:00pm* – Stop in and view the progress of the Sand Mandala

*Time: 7:00 to 9:00pm* – Karma Rinpoche will give instructions on the techniques of calm meditation.

## **Wednesday, July 22, 2015**

### **Day 3: Sand Mandala Construction**

*Time: 10:00am to 5:00pm* – Stop in during the day to view the Sand Mandala.

*Time: 7:00 to 9:00pm* – Healing and the Five Elements by Karma Rinpoche.

Suggested donation \$10 – Karma Rinpoche will focus on the relationship of the Elements to the health of the human body, and our harmony with the environment.

## **Thursday, July 23, 2015**

### **Day 4: Bhutanese People's Art**

*Time: 10:00am to 5:00pm* – Stop in during the day to view the Sand Mandala's progress.

*Time: 7:00 to 9:00pm* – Medicine Buddha by Karma Rinpoche, come and learn the simple mantra that will change your life.

## **Friday, July 24, 2015**

### **Day 5: Sand Mandala Construction – Sutra Ceremony**

*Time: 10:00am to 5:00pm* – Stop in to view the Sand Mandala

*Time: 7:00 to 9:00pm* – Suggested donation \$10 - Sutra Blessing Ceremony by Karma Rinpoche

## **Saturday, July 25, 2015**

### **Day 6: Sand Mandala and Chenrezig Fire Ceremony**

*Time: 10:00am to 5:00pm* – The Mandala, when finished is 4 feet by 4 feet in area.

*Time: 10:00am to 2:00pm* – Suggested donation \$20 – Chenrezig Buddha of Compassion Fire Ceremony

The inspiration of this fire ceremony is dedicated to world peace and the spiritual benefit of all beings. If you have lost a loved one, please write their name on a piece of paper and bring it with you. Any difficulties you are experiencing can be written on paper as well. These will be offered to the fire.

## **Sunday, July 26, 2015**

### **Day 7: Invitation to Guru Rinpoche's Dance and Sand Mandala Dismantle Ceremony and Sand Mandala Dispersing Ceremony**

*Time: 2:00 to 3:00pm* – Suggested donation \$10 – Invitation to Guru Rinpoche's Dance

We invite you to share in the experience of Bhutan's rich cultural dance and music traditions.

*Time: 3:00 to 4:00pm* – Sand Mandala Dismantle Ceremony

*Time: 4:00 to 5:00pm* – Sand Mandala Dispersing Ceremony

One half of the sand will be placed in small packets to be given to those who attended as blessings for their personal health and healing. The monks will pour the other half of sand into a specially prepared vessel. The monks accompanied by guests will then take the sand to be offered to a flowing body of water (Powder River) where it will bless the species in the water, our local area, all of Oregon and the world. Special prayers are recited and offerings are given to the river during the ceremony.